

Play and Learn Drop In

All children 0-6 and their parents and caregivers are invited to come to this interactive playgroup. Meet other parents, caregivers and children while you have fun learning together!

Mondays, Tuesdays and Wednesdays 9:00 – 11:30 am

Baby Café Drop In

As parents of newborn babies or little crawlers, the opportunity to connect with other parents is really important. Come and join us for a relaxed and fun playtime with your non-walking babies!

Thursday afternoons 1:00 – 2:30 pm

Family Morning Drop- In

Please note that Friday morning programming is cancelled until further notice.

Well Baby Drop- In

This morning a nurse from the Public Health Unit will be available to discuss infant and toddler growth, development and other parenting issues. Baby weigh in and breastfeeding support are available. *July 7th and 14th, August 18th and 25th – 9:30 am*

Splash Pad Morning

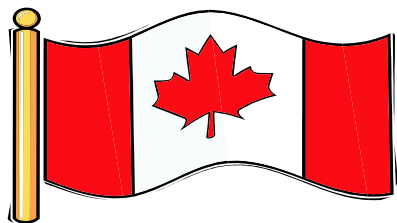
Join us for a morning at Robert Simpson Park enjoying the Splash Pad. Weather permitting.

June 8th – 9:30am

Blind/ Low Vision Specialist Visit

Sandi Lawson from Blind/Low Vision Services will be here to answer any questions you may have about your child's eye sight.

July 8th – 1:00pm



La Leche Breastfeeding Support Group

La Leche provides mother to mother breastfeeding support, information and encouragement in a relaxed atmosphere. Accredited leaders guide the discussion and provide support. *July 15th and August 19th - 9:30-11:30 am*

Outdoor Time

Every Monday, Tuesday and Wednesday mornings (except the Wednesdays that the Health Nurse is here). We will be enjoying the fresh air in our outdoor court yard space from 9:00-10:00am. At this time, it is the expectation that all patrons will also be outside, weather and programming permitting. If you or your child/ren would prefer not to be outside you may want to join us at 10:00am when our regular programming will resume.

School Wise

This is a preschool program which is intended for children who will be starting school for the first time this fall. The purpose of the **School Wise** course is to provide learning opportunities that will help prepare your child(ren) for their entry into kindergarten. This program will be a fun, play based approach to learning that will help your children prepare for a positive school experience. Pre- registration is required. *August 23rd to September 2nd. Every Monday, Tuesday and Wednesday afternoons 12:30-2:30 and Thursday mornings 9-11am.*

Canada Prenatal Nutrition Program

Expecting mothers can sign up for this program and receive support, vitamins and food vouchers. Call for more information. *Ongoing.*

Resource Library

Parenting books, children's books, videos, DVD's and toys are available to borrow during drop- in hours.

Please note that Friday morning programming will be cancelled until further notice and that we be closed July 16th and reopen on August 16th.