

Suitability of Meals for Special Diets
FROZEN MEALS

Frozen Meal	Code	Moderate Sodium Restriction (<675 mg/serving)	Diabetic	Moderate Fat Restriction (5-15 g/serving)	Very Low Fat (5-11 g/serving)
Apple Braised Pork	12004	X	X		
Beef Stew	12008	X	X		X
Beef Stroganoff	12030	X	X		X
Breaded Chicken Breast	12057		X		
Breaded Chicken Nuggets	12002	X	X		
Breaded Veal Cutlet	12009		X		
Chicken A La King	12001	X	X	X	
Chicken Cacciatore	12078	X	X		X
Chopped Swiss Steak	12046	X	X		X
Fish & Chips	12013		X		
Fish Florentine	12003	X	X	X	
Ham with Maple Sauce	12015	X	X	X	
Hawaiian Pork	12075	X	X	X	
Macaroni Meat & Cheese	12005	X	X		
Meat Loaf	12062	X	X	X	
Pork with Stuffing	12020	X	X		
Salisbury Steak	12017		X		
Salmon In Lemon Sauce	12063	X	X		X
Sheperd's Pie	12006	X	X		X
Sweet & Sour Chicken	12014	X	X		X
Traditional Pot Roast	12010	X	X	X	
Turkey Casserole	12076	X	X	X	
Turkey with Stuffing	12007	X	X		X
Vegetable Lasagna	12021	X	X		